

# YOUR *Tifts* at WORK

#### **AWARDED MISSION GRANTS 2024**



Donations to the Home Nursing Agency Foundation offer a hand up for our most vulnerable friends and neighbors. For those facing a health crisis, end of life, grief, pregnancy, or raising a child with developmental delays, **your support matters**. These individuals and families rely on UPMC Home Healthcare, Family Hospice, the Healing Patch Children's Grief Program, Nurse-Family Partnership<sup>®</sup>, WIC (Women, Infants, and Children) nutrition program, and Early Intervention.

Throughout 2024, \$187,550 of your support will be used to make a difference for those who call West Central Pennsylvania home, as you can read in the 2024 Mission Grants shared here. Also included are stories of how previous funds have impacted those in a difficult season of life.

Your gift is at work giving hope and help.

# **EARLY INTERVENTION**

*Therapy-based service for children ages 0-3 with developmental delays* 

**\$3,000** to provide feeding equipment, communication tools, and developmental, therapeutic, educational, and safety items to clients and developmental screenings for children who may qualify for services

#### **Giving Stability**

As the Early Intervention team worked with Baby Gus\* to gain strength and muscle control, your donations to the Home Nursing Agency Foundation provided supportive equipment that helped him to achieve major milestones: sitting at the table in his high chair for mealtime, playing in his Exersaucer, and being part of family shopping trips.

\*Names changed to protect confidentiality.



# **UPMC HOME HEALTHCARE**

Specialized care including nursing and therapy after an injury, illness, or surgery impacts quality of life

**\$5,750** to support the following:

- emergency funding of essential items: nutritional supplements, one-time help for utilities or groceries, and safety items
- hospitalization prevention tools for monitoring chronic health conditions at home and supporting the use of telehealth

#### Healing at Home

Mary\* was being treated as a UPMC Home Healthcare patient for multiple concerns, including severe edema in her legs. As the sole caregiver for her husband (a disabled veteran) and two grandchildren, Mary couldn't just stay off of her feet to recover. Her physical therapist's recommendation of compression sleeves seemed out of reach – insurance wouldn't cover them, and the family's limited income meant the \$185 expense would require several months of saving. Rather than delaying treatment, your support purchased the sleeves so that Mary could be helped immediately while caring for her family.

### NURSE-FAMILY PARTNERSHIP®

# Nurse-led mentorship program for first-time mothers through the child's second birthday

**\$3,000** to purchase safety and developmental items, such as baby gates, safe sleep spaces, gun locks, car seats, foam play mats, board books, sort shapers, and activity centers

#### January 1 - December 31, 2024



### FAMILY HOSPICE

*Physical, emotional, and mental healthcare for patients with life-limiting illnesses and their caregivers* 

\$36,200 to fund the following:

- emergency funding for patients' utilities, food, medications, and essential items such as bed sheets
- educational and spiritual materials for patients and caregivers, including largeprint resources
- stationery and resources to support bereaved family members
- life-enrichment opportunities like materials for a hands-on project or a special meal
- individualized patient support kits
- greeting card outreach for patients
- pill planners and education to support medication management
- recognition of volunteers for their gifts of time and presence
- American flag blankets for patients who are veterans
- emergency funding and specialized support for bereaved family members

#### The Gift of Reading

Patients whose eyesight is failing can no longer read books or spiritual materials to stimulate their minds or comfort their hearts. Your donations covered the cost of audiobooks for patients to enjoy.

#### Groceries in Grief

As the primary caregiver for her dad who was a Family Hospice patient, Jessica\* had to take time off work as his care needs increased. After he passed away, she needed additional time off work to recover from surgery. Jessica has been working two jobs since then to keep her family afloat financially, but the family fell behind in bills. Your support purchased groceries for this young and grieving family. Thank you for lightening the load and giving hope.

# WOMEN, INFANTS, AND CHILDREN (WIC)

Nutrition education and provision for pregnant women, postpartum and breastfeeding women, infants and children under age 5

**\$5,000** to purchase diapers and training pants that encourage participation in WIC after a child reaches one or two years old, which is a critical time for development

# **HEALING PATCH**

# *Free support services for grieving children and their families*

**\$117,000** to fund family group sessions, inschool groups, other grief resources, and recognition of volunteers who are vital to the program's operations

#### Opening the Door for Communication

Grieving the loss of her grandma, ten-year-old Laura\* became close with the other members of her Blair Healing Patch Middles group. At one group night, Laura shared that she had witnessed a traumatic incident with a family member. When her caregiver was informed, it became clear that Laura hadn't told others but felt safe to share with her group members. Volunteer Coordinator/Grief Specialist Shalen Steinbugl sat down with Laura and her caregiver to discuss, and the pair left the room hugging and vowing to communicate more openly. Because of your support, Laura has a support network of trusted peers and a better relationship with her caregiver.





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#### To make a gift, please call or go online: 1-855-GIVE-HNA | HomeNursingAgency.com

For more information about Foundation Mission Grants please contact: Kim Helsel, Director of Development/ Marketing Communications, at 814-947-7024 or Foundation@HomeNursingAgency.com

The official registration and financial information of Home Nursing Agency Foundation may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. If you would like to be removed from our mailing list please contact the Home Nursing Agency Foundation at 1-855-448-3462.