



IN-SCHOOL SERVICES

In-school Peer Support Groups

Healing Patch is currently targeting school districts lacking community bereavement services. HP staff and/or volunteers co-facilitate 6-week peer support groups with school personnel (i.e. guidance counselor, social worker, etc.). Through group discussions and various activities, the following are addressed among peers:

- issues surrounding the death
- feelings
- fears & worries
- memories
- changes and rebuilding

Grief Education in the Classroom

Healing Patch staff and/or volunteers present grief/loss & death/dying information as part of middle/high school health class curriculum. Students will gain an understanding of the following:

- the normal feelings & responses often associated with the grief process
- how to support a peer that is grieving
- how to seek out supportive services through their school & community

Educational In-services

Healing Patch staff and/or volunteers present educational workshops/in-services to school personnel on various grief-related topics. Goal is to provide the following:

- an awareness of the needs of grieving children
- knowledge of the needs of grieving children at different developmental stages
- how to support a grieving child
- information regarding available community resources for grieving children
- an understanding of Children's Grief Awareness Day

To arrange services at your school, contact Healing Patch staff at 1-800-445-6262.

The Healing Patch program offers supportive services to grieving children and families who have experienced a significant death.

The following services are offered:

- Family Sessions at Healing Patch Centers located in Blair and Cambria counties
- In-School Services (see right)
- Community Education/Outreach
- Various resources through our Lending Libraries

All services are available free-of-charge, relying on individual and community dollars, grants, and fundraising events.

Families can enroll by calling 1-800-445-6262.



Wear **BLUE** in support of Children's Grief Awareness Day on the 3rd Thursday in November each year.

www.childrensgriefawarenessday.org

HEALING PATCH
A Children's Grief Program

UPMC | HOME HEALTHCARE
of Central Pennsylvania