Inspirational

*Noted if age spe	ecific				
A let	Chicken Soup for the Soul Jack Canfield & Mark Victor Hansen (Adults), 480 pgs.	A collection of 101 stories is based on the belief that true testimonies of goodness and loving transformations can nourish us to the bone and heal the cynicism in our hearts. Indeed, most every story seeps in deeply. It's hard not to shed a tear of gratitude, feeling thrilled to have been touched and soothed so easily			
LOOK INSIDE! The Chicken Soup is a so Soul Marine in Soul	A 2nd Helping of Chicken Soup for the Soul Jack Canfield & Mark Victor Hansen (Adults), 352 pgs.	A collection of inspirational writings follows themes of love, developing a positive attitude, humor, and healthy relationships, and features the works of such authors as Tony Robbins, Art Buchwald, Gloria Steinem, and more.			
And the second s	A 3rd Serving of Chicken Soup for the Soul Jack Canfield & Mark Victor Hansen (Adults), 376 pgs.	Stories may be the most powerful teaching tool available to us, especially when the lessons being taught are love, necessary losses, respect and values. In this volume of Chicken Soup for the Soul, the authors share more collected wisdom on love, parenting, teaching, learning, death, attitude and overcoming obstacles. This book will warm your heart, brighten your darkest day and put a smile on your face that will last a lifetime.			
COCK INSIDE The second	A 4th Course of Chicken Soup for the Soul Jack Canfield & Mark Victor Hansen (Adults), 376 pgs.	The authors of the Chicken Soup for the Soul books (Canfield and Hansen) now team up with the Acts of Kindness authors to bring forth yet another collection of sentimental anecdotes. These stories are grouped into the categories of love, kindness, parents and parenting, teaching and learning, death and dying, gaining perspective and overcoming obstacles. Most are personal experiences illustrating moments of tenderness, justice, self- sacrifice, appreciation, pride or the bonding of people to one another			
LOOK INSIDE New Id The South	A 5th Portion of Chicken Soup for the Soul Jack Canfield & Mark Victor Hansen (Adults), 352 pgs.	Whether you are a devotee of the series or a first-time sampler. You will find this latest portion of Chicken Soup for the Soul both riveting and heartwarming. Jack Canfield and Mark Victor Hansen have woven another tapestry of timeless tales and inspiring wisdom. This treasury is a tribute to life and humanity, with topics ranging the entire emotional and experiential gamut. The nature of the stories invites you to enjoy Chicken Soup in whatever way you find most comforting - by the spoonful, by the bowl, or the whole pot in one sitting.			
LOOK INSIDE We was an analysis Chicken Chicke	A 6th Bowl of Chicken Soup for the Soul Jack Canfield & Mark Victor Hansen (Adults), 384 pgs.	Eternal "soup lovers" will discover there is only one "recipe" for compassion, wisdom, inspiration, and lovethe latest serving of "Chicken Soup for the Soul".			

as I found it Weredith Kaminek	as I found it Meredith Kaminek (Children)	A collection of her photographs of nature untouched, coupled with simple thoughts and inspirations that she has written.
AT WATER'S EDGE	At Waters Edge Serene Vision Publishing DVD	Relax to the Peace of Nature & the Power of Music. At Water's Edge DVD gives the viewer 30 minutes of relaxation with six different water's edge. Composer/musician, James T. McGee, blends the images with the resonance and rhythm of piano, sax, flute and guitar. Can be set for continuous play, easily used on computers, portable DVD players, or any television screen, displaying optimally on widescreen.
Caregiver Therapy	Caregiver Therapy Julie Kuebelbeck & Victoria O'Connor (Adults)	Caregiver Therapy shows you how to take care of yourself as you take care of someone else. It invites you to deepen and enrich your caregiving experience —opening your heart to others and opening your spirit to lessons of love and trust.
Couple's Soul	Chicken Soup for the Couple's Soul Jack Canfield & Mark Victor Hansen (Adults), 328 pgs.	Whether single, separated or someone's spouse, everyone wants to find and keep this elusive thing called "love". Bestselling author and foremost relationship expert Barbara De Angelis teams up as a coauthor of "Chicken Soup for the Couple's Soul", a collection of heartwarming stories about how real people discovered true love with the person of their dreams.
# New York Times Mickens Biology for the Biology for t	Chicken Soup for the Grieving Soul Jack Canfield, M. Victor Hansen (Adults), 268 pgs.	This latest entry in the Chicken Soup series is targeted at the newly brokenhearted: those who've recently experienced the death of a beloved friend or family member and are still reeling from the experience. It's a collection of stories by authors who have lost loved ones, and in their stories, they detail the particular death, the aftermath, and how they dealt with their overwhelming grief and found the courage to live again.
COCK INSIDE Ghicken Soup terte Chather Soup Built Chather Soup Chather	Chicken Soup for the Mother & Son Soul Jack Canfield & Mark Victor Hansen (Adults), 384 pgs.	From the moment she hears, "It's a boy!" a special love blossoms in the heart of a mom and a bond unlike any other has begun. Chicken Soup for the Mother and Son Soul celebrates the blessings and bruises, tears and triumphs, happiness and hopes of mothers and their sons.
COCK INSIDE! Chicken Soup & de Soup & de Soup & de Soup & de Soup & de Soup & de Soup	Chicken Soup for the Unsinkable Soul Jack Canfield & Mark Victor Hansen (Adults), 371 pgs.	Sure to become a favorite of readers who love Chicken Soup for its stories of overcoming life's obstacles, challenges, heartbreaks and pain, this book emphasizes triumph in the face of overwhelming odds. A timeless testament to the indomitable human spirit, this collection is sure to encourage, support, comfort and, most of all, inspire all readers for years to come.

Residence of the second	Chicken Soup for the Volunteers Soul Jack Canfield, M. Victor Hansen (Adults), 400 pgs.	The stories in Chicken Soup for the Volunteer's Soul highlight the efforts of everyday people in the United States and around the globe who volunteer with the American Red Cross, Big Brothers Big Sisters, Habitat for Humanity, the Peace Corps, Points of Light, Rotary and many, many other nonprofit organizations. Chapters include: The Rewards of Volunteering, Giving Back, Making a Difference, New Appreciation, Love and Kindness, Defining Moments, A Matter of Perspective, Overcoming Obstacles and On Wisdom.
COOK INSIDE Chicken Soup for the Woman's Soul The Mini Edition Mini Edition	Chicken Soup for the Women's Soul Jack Canfield & Mark Victor Hansen (Adults), 371 pgs.	Chicken Soup for the Woman's Soul will move your heart and nourish your soul with unforgettable stories. It captures the beauty and essence of woman through humor-filled and touching stories.
	-	Based on Dr. Wolfelt's unique and highly regarded philosophy of "companioning" versus treating mourners, this self-care guide for professional and lay grief caregivers emphasizes the importance of taking good care of oneself as a precursor to taking good care of others. Bereavement care is draining work, and remaining empathetic to the painful struggles of mourners, death, and dying, day in and day out, makes caregivers highly susceptible to burnout. This book demonstrates how caring for oneself first allows one to be a more effective caregiver to others. Through the advice, suggestions, and practices directed specifically to caregiving situations and needs, caregivers will learn not to lose sight of caring for themselves as they care for others.
NIW WWW. TIMIS PENTISHIFF EMBRACED BY THE LIGHT Wir Dua Nir Dua BETTY J. EADIE	Embraced by the Light Betty J. Eadie (Adults), 208 pgs.	On the night of November 19, 1973, following surgery, thirty-one-year-old wife and mother Betty J. Eadie died. This is her extraordinary story of the events that followed, her astonishing proof of life after physical death. She saw more, perhaps than any other person has seen before and shares her almost photographic recollections of the remarkable details. Compelling, inspiring, and infinitely reassuring, her vivid account gives us a glimpse of the peace and unconditional love that awaits us all. More important, Betty's journey offers a simple message that can transform our lives today, showing us our purpose and guiding us to live the way we were meant to—joyously, abundantly, and with love.
A Preve A Particular A Parti	Finding Your Way: A Practical Guide for Family Caregivers Linda Rhodes (Adults)	250 real life questions & commonsense answers.

HEALING Durdy Milliadians Courty Milliadians Courty Milliadians Matthew Milliadians	Healing After Loss: Daily Meditations for Working Through Grief Martha W. Hickman (Adults), 384 pgs.	For those who have suffered the loss of a loved one, here are strength and thoughtful words to inspire and comfort.
LOOK INSIDE!	90 Minutes In Heaven: A True Story of Death & Life Don Piper & Cecil Murphey (Adults), 208 pgs.	Don Piper died on January 18, 1989 while on his way home from a church conference. Although he does go in depth into his visit "home" to Heaven, his book really concentrates on his life after the accident. After experiencing a joyous reunion with deceased relatives he was wisked away to earth with no explanation. Don is a devout Christian and suffers greatly from his banishment in heaven and with the physical pain and recovery from his automobile accident. This is really a story of survival against all odds and it is extremely motivating.
RELAXATION & WIDITATION Join MUSIC & AUDIT	Summer Solitude: Relaxation & Meditation with Music & Nature CD	Relaxation and medication with music and nature.
A - A - A - A - A - A - A - A - A - A -	The Last Lecture Randy Pausch (Adults), 206 pgs.	When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give "The Last Lecture", a lecture which many professors are asked to consider their demise and to ruminate on what matters most to them, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave"Really Achieving Your Childhood Dreams"wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because "time is all you haveand you may find one day that you have less than you think"). It was a summation of everything Randy had come to believe. It was about living.
Twelve Gifts for Healing Chatter Chatter	The Twelve Gifts for Healing Charlene Costanzo (Teens-Adults), 35 pgs.	"In every life there are times of overwhelming pain, loss, and uncertainty. Through a compassionate, inspiring tale, The Twelve Gifts for Healing offers words of encouragement that remind us to reach inside to find peace and strength whenever we face hardships." "The Twelve Gifts for Healing encourages readers to become more aware of their own gifts and to help others to see theirs in return – making The Twelve Gifts for Healing a cherished companion on life's journey."

tuesdays with Morrie an old man, a young man, and lift's granted lesses Mitch Alborn	Tuesdays with Morrie Mitch Albom (Adults), 192 pgs.	Maybe it was a grandparent, or a teacher or a colleague. Someone older, patient and wise, who understood you when you were young and searching, and gave you sound advice to help you make your way through it. For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly 20 years ago. He rediscovered Morrie in the last months of the older man's life. Knowing he was dying of ALS - or motor neurone disease - Morrie visited Mitch in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final "class": lessons in how to live. This is a chronicle of their time together, through which Mitch shares Morrie's lasting gift with the world.